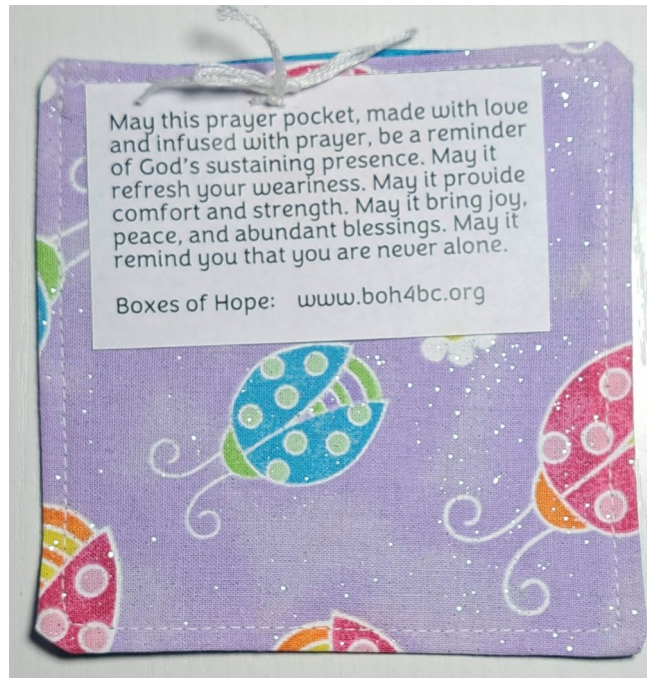


HOW TO SEW A PRAYER SQUARE

- Please use bright and cheerful fabric.
- If possible, iron the fabric to removed excess wrinkles.
- Cut fabric into 4-1/2" squares.
- Place the squares right sides together and sew all the way around the edges, leaving a small 1-2" gap open to allow for turning.
- Turn the squares right-side out through the opening.
- Use an edge shaping tool to make the corners neat.
- Topstitch the opening closed.
- With embroidery thread, hand stitch the tag to the top corner of the square.



Thank you for sewing prayer squares!

- If you mail them to us, please mail to 104 E. Haven Pines Road, Mill Hall, PA 17751 since we can't receive packages at the office address.
- You can put the prayer squares in a ziplock or a manila envelope and place them in our mailbox at our office at 10 E. Main Street in downtown Lock Haven. You can also email info@boh4bc.org or text 570-502-2524 to make an appointment to drop them off since we are not in the office every day.

